



Look what's Happening in the Month of MAY of 2023



Gig in the Park | Tuesday's Gone

Wilson Downtown Development and the Vollis Simpson Whirligig Park are your hosts for this FREE spring concert series starting every other Thursday from April 20th to June 15th from 6pm-9pm.

The FREE event, made possible by Presenting Sponsor, Wilson Energy and additional nightly, community, and friend of downtown sponsors, is a fundraiser for the two non-profits to support additional events and programming throughout the year.

You'll be rocking to the best of the 80s and 90s, R&B, Soul, Funk, and East Coast Beach Music while chowing down from a wide selection of food trucks. Ice cold beverages for the adults and fun activities for the kiddos!

- ~ Family-friendly
- ~ Bring a chair or blanket
- ~ ID required to purchase beer/wine
- ~ No outside beverages or coolers
- ~ Check ExploreWilson.com after 10am on concert day in case of inclement weather.



Rocky Mount Parks AND RECREATION the CENTER of it ALL.. (Special Population Prom 2023)

When: May 10th 2023 **Where:** The Imperial Center for the Arts & Sciences **Attire:** FORMAL

Join us for a night of fun and festivities! Special Population Prom is open for individuals with special needs, High School or Older.

Per-Registration Required.

Catered meal provided for the first 150 registered participants. Register at South RM Community Center, Booker T Community Center

For more information, please call 972-1135 or 467-4925



Recreation Park Community Center

500 Sunset Rd.

Wilson, NC 27893

Fitness Fun Exercise Class

Class is offered Free for Special Needs Participants 30 Minutes of FUN Exercise

Classes go from November – May

Class Times: Monday & Wednesday 11:00am- 11:45am

Weight, Blood Pressure, and BMI will be checked on each participant

Each participant will have staff/parent assist in exercise class

Nutritional Snack Offered



C. Abney 5/11
J. Cutri-5/04
S. Silver 5/31

C. Williamson-5/14
K. Braswell-5/09
V. Ward 5/01



Just Ask the Nurse

April Butcher
252- 236-5124



To all Staff: Make sure that,
Human Resources has a copy of your current car Ins.
Thank You

(Reminder) *Sign Up for Summer Bash...June 15,2023 @ SUN SET Park (Rocky Mount NC) from 11am/1pm.*

If consumer / or you will be attending, please sign up for an accurate head count.

Reach out / or see your QP, about signing consumer & you up if need to.



To all

from the BRC Family to Yours