



# Bailey's Respite Care January 2019 Newsletter



**HAPPY NEW YEAR**



Go's to you....

- W. Austin 1-04
- M. Barnes 1-08
- D. Cooper 1-04
- A. Leach 1-18
- C. Lewis 1-20
- A. Lumley 1-28
- D. McFadden 1-07
- A. Uzzell 1-20

Word for the month

A positive attitude gives you power over your circumstances instead of your circumstances  
Having Power over You.

**First Responder**

**April Butcher**  
(252) 236-5124

**WHO IS THE MOST AWESOME PERSON TODAY?**



See, Mss. Iris Massey  
For all update needed including your car INS  
Thank You.....



**SCHOOL's OUT**

- January 1, 2019 Holiday
- January 2, 2019 Leave
- January 3&4 Teachers work day
- January 9 Report Cards
- January 21 Holiday



**Safe Lifting:**

*This module covers safe lifting techniques and how to react in the case of an accident. We cover various types of lifts, the mechanics/techniques involved in safe lifting, common hazard, and risk factors and how to prevent accident injuries.*



Staff, please let us not forget about all the different events that are still open for all consumers.

1. Family (YMCA) Mon.-Fri.
2. Special Needs (Gym) Tue. And Thur.
3. Bowling (Westview Lanes) Mon. through Fri.
4. Parks & Recreation Mon. and Wed. 10:/ 10:30am  
Tue. And Thur. 4:/ 4:30pm
5. Fit Friends Monday - 4:/ 4:45pm

Make sure that if you can attend please do so.

**If you have any question call the office for details. # 252-234-0350**



For everybody in the world whatever color their skin may be, whatever their religion may be, whatever their situation may be, good health, lots of love, of possibilities and..... peace!!!!